

HELLO PILGRIM REST FAMILY,

PRAYERS

- † The Burt and Sullivan families – Their nephew, Dwight Clark, went home to be with God
- † Sister Shelly Scott – Her brother, Harold Walton, went home to be with God

JULY MEMORY VERSE

²⁶ Be angry but do not sin; do not let the sun go down on your anger, ²⁷ and do not make room for the devil.

Ephesians 4:26, 27

JULY MEDITATION QUOTE

“To be a Negro in this country and to be relatively conscious, is to be in a rage almost all the time. So that the first problem is how to control that rage so that it won’t destroy you.

James Baldwin

ARE YOU A MINORITY?

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I previously shared that words have meaning and words have power. Of equal importance with the words that are said is how the words are heard. Many of us have used the phrase, “It is not only what you say, it is also how you say it.”

Inherent in that phrase is the understanding that not only do words have meaning and power, how those words are said contribute to the meaning and the power that the words have.

Additionally, how someone hears and/or interprets the words said to them also contributes to the meaning and power that the words have. How many time have you been in a debate with someone and they told you what you said to them. As what they told you that you said to them was incorrect, you replied, “That is not what I said.” Their response was, “Well, that is what I heard you say.” Exactly. That may not be what was said, however, that is what was heard.

In addition to the words that are said and the way the words are said, is the consideration of the subconscious interpretation of the words that are said.

For example, when I was teaching, I came to the realization that children equate discipline with love. Whereas they may not verbalize it, their actions reflect their belief that, “You love me enough to hold me accountable. You love me enough to tell me right from wrong. You love me enough to set boundaries. You love me enough to set standards. You love me enough to tell me, ‘No.’”

All throughout the day, I would overhear my students say how much they hated me because I did not permit them to do what they desired. I would see notes that they shared with each other of bullets going through my body as they used red ink to display my spilled blood because I held them accountable to the high standards I set for them. I would talk to their younger siblings during recess and they would share that their older siblings said that I was mean teacher.

Although I heard statements like this all throughout the day, at the end of the day I would have to make them go home because they would want to hang out in my classroom. Although they “hated me”, wanted to shoot me and though I was mean, they knew I loved them because I held them accountable, told them right from wrong, set boundaries, set standards and told them “No.”

All of this made sense when I would hear a few of them say to me as I was pressing them for excellence, “My mother does not care what I do.” On the one hand, they were saying it because they wanted to justify that I was being mean and

unreasonable. However, on the other hand, as I heard them saying, “My mother does not care what I do,” as I looked in their eyes, they were subconsciously interpreting the words to mean, “My mother does not care.” Once they began the statement saying, “My mother does not care...” it did not matter what came afterwards. The words were interpreted, “My mother does not care...”

How do your children/grandchildren interpret the words, “I am a minority?”

NOTE FROM CAPTAIN WILLOW MURPHY

As of June 29th, these are the recent shootings in District 7

- #1 Homicide, Thu., 6-25 at 6:17pm at 4600 N 39th St
- #2 Shooting, Sat., 6-13 at 4:18pm at 3000 W Villard AV
- #3 Shooting, Tue., 6-9 at 3:35pm at 5000 N Teutonia Av
- #4 Shooting, Mon., 6-22 at 11:30pm at 4800 N 32nd ST
- #5 Homicide, Sun., 6-21 at 2:28am at 4900 N 32nd ST
- #6 Homicide, Sat., 6-20 at 1:00am at 3200 W Hampton Av
- #7 Shooting, Tue., 6-9 at 2:50am at 4800 N Teutonia Av
- #8 Shooting, Sun., 6-14 at 2:18pm at 4700 N Teutonia Av

Hotspot Areas:

- ◆ North 37th Street to North Sherman Boulevard; West Locust Street to West Nash Street
- ◆ North Sherman Blvd to North 51th Street; West Locust Street to West Nash Street

Captain Willie O. Murphy

BE SAFE, BE SMART, BE SERIOUS

I remain prayerful for your safety and security and remain available to you to listen and share regarding your needs and concerns. Please call me, text me (414-852-4010) and/or email me pilgrimrestpastorchilds@gmail.com so we can talk out and talk through anything and everything that you may be going through or need assistance with.

Pastor and Sis. Thressessa Childs