



CONSCIOUS AND INTENTIONAL MINISTRY: MINISTRY TO ME

Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ. 1 Thessalonians 5:23

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TEXT: 2 SAMUEL 17:1-14, 23

TITLE: IT IS OK NOT TO BE OK

INTRODUCTION

- A. "How are you doing?" is many times a cliché _____
- B. Many times, the answer, "I am well." Is also a cliché _____
- C. It is OK not to be OK _____
1. Depression
 2. Fear
 3. Regrets
 4. Traumatic Experiences / PTSD
 5. Mental Illness
 6. Stress
 7. Bullying
 8. Housing / Homelessness
 9. Employment Related
 10. Oppression
- D. Suicide starts with thoughts _____
1. What do I think about what I think about?
 2. What do I believe?
 3. Beliefs (Heart) inform Thinking (Head), and Thinking (Head) controls Actions (Hands)

WHY DOES SUICIDE BECOME AN OPTION?

- A. Ahithophel
1. Ahithophel was David's advisor and became Absalom's counselor
 2. Ahithophel gave advice to Absalom and it is accepted
 3. Hushai gave advise to Absalom and it is accepted over the advice of Ahithophel
 4. Ahithophel went home and committed suicide
- B. Let's talk about suicide
1. Humans are wired for self-preservation
 2. Pressure, burdens, guilt, etc... can be so great it overloads the self-preservation wiring

GOD IS ON CONTROL

- A. Not the other person _____
- B. Not me _____
- C. God (2 Samuel 17:14) _____
1. (15:31) David prayed, "O LORD, I pray, turn the counsel of Ahithophel into foolishness."
 2. The Lord purposed
 3. To defeat the good advise of Ahithophel
 4. So that the Lord might bring disaster on Absalom
- D. God is in control! _____