

## CONSCIOUS AND INTENTIONAL MINISTRY: MINISTRY TO ME

Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ. 1 Thessalonians 5:23

### THE PASTOR'S PEN

January 28, 2024



**PILGRIM REST**  
MISSIONARY BAPTIST CHURCH  
Teaching, Preaching and Reaching  
for Transformation and Liberation

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- Spirit** – God-Conscious    ♦    [Intimacy with God]
- Soul** – Self-Conscious     ♦    [Intellect, Emotions, Will]
- Body** – World-Conscious   ♦    [Five Senses]

#### **Spirit** – God-Conscious    ▪    [Intimacy with God]

- † Do I know who I am in relation to who God created me to be?
- † How do I nurture and deepen my relationship with God?
- † Pleasing people versus pleasing God

#### **Soul** – Self-Conscious     ▪    [Intellect, Emotions, Will]

- † Do I know who I am?
- † Am I comfortable with who I am?
- † Do I know who I am not?
- † Pleasing people versus pleasing me (selfish-serving vs self-preserving)

#### **Body** – World-Conscious    ▪    [Five Senses]

- † Consider, how do I interact with the world?
- † Therefore, how will I interact with the world?
- † Pleasing the world versus serving the world

## *The Pilgrim Rest Oasis*

*Sharing the Faith · Securing the Future*

Through faith God has given us the space to be an **oasis** in the middle of the city.

An **oasis** is a fertile spot in the desert where refuge, relief, and refreshment is found.

Be part of God's plan for Pilgrim Rest and this community.

Start contributing to the **Oasis** today!  
Let's continue to make progress!



**Thank you for your continued support of God's plan for us.**

Beginning



Current



*Your contribution can be dedicated to a specific activity or the Oasis, in general.*

	<b>Educational Enrichment</b>	<b>Technology Literacy</b>	<b>Athletics &amp; Recreation</b>	<b>Performing Arts</b>	<b>Facility Innovation</b>
\$500	<ul style="list-style-type: none"> <li>15 Subject books for elementary (math, literature, history, etc.)</li> </ul>	<ul style="list-style-type: none"> <li>1 iPad</li> </ul>	<ul style="list-style-type: none"> <li>10 basketballs</li> </ul>	<ul style="list-style-type: none"> <li>10 art sets for aspiring artists</li> </ul>	<ul style="list-style-type: none"> <li>External security lighting to keep the street well-lit and safe</li> </ul>
\$1,000	<ul style="list-style-type: none"> <li>100 Summer Bridge books to help students retain learning during breaks</li> </ul>	<ul style="list-style-type: none"> <li>100 "learn how to code" kits for elementary students</li> </ul>	<ul style="list-style-type: none"> <li>10 tennis rackets</li> </ul>	<ul style="list-style-type: none"> <li>4 beginner saxophones or 8 beginner violins</li> </ul>	<ul style="list-style-type: none"> <li>Camera security system to keep everyone safe</li> </ul>
\$2,500	<ul style="list-style-type: none"> <li>9 students can be challenged to excel using interactive problem-solving programs</li> </ul>	<ul style="list-style-type: none"> <li>1 computer for graphic design and website creation</li> </ul>	<ul style="list-style-type: none"> <li>12 sets of golf clubs for children</li> </ul>	<ul style="list-style-type: none"> <li>10 Play Scripts with performance/licensing fee and cast instructions</li> </ul>	<ul style="list-style-type: none"> <li>Wireless PA system to easily communicate at the school</li> </ul>
\$5,000	<ul style="list-style-type: none"> <li>1 smartboard to help teachers engage students in learning</li> </ul>	<ul style="list-style-type: none"> <li>1 STEM lab cart of materials for a classroom with multiple activities</li> </ul>	<ul style="list-style-type: none"> <li>3-day Speed and Agility workshop for 15 young aspiring track stars</li> </ul>	<ul style="list-style-type: none"> <li>100 pairs of tap shoes for aspiring dancers</li> </ul>	<ul style="list-style-type: none"> <li>Battery operated floor scrubber to keep the building looking its best</li> </ul>
\$10,000	<ul style="list-style-type: none"> <li>1 trip for 15 students to visit 1 HBCU</li> </ul>	<ul style="list-style-type: none"> <li>100 Robotic kits to reinforce studies in STEAM subjects</li> </ul>	<ul style="list-style-type: none"> <li>Open gym for 20 young people 1 X a week throughout the winter in a safe place</li> </ul>	<ul style="list-style-type: none"> <li>200 tickets to see Alvin Ailey Dance Company</li> </ul>	<ul style="list-style-type: none"> <li>LED light fixtures throughout the school to promote learning and natural light</li> </ul>

# WORK FOR THE WEEK

## JANUARY MEMORY VERSE

<sup>31</sup> So whether you eat or drink or whatever you do, do it all for the glory of God.  
**1 Corinthians 10:31 (NIV)**

## JANUARY MEDITATION QUOTE

"People with high blood pressure, diabetes – those are conditions brought about by life style. If you change the life style, those conditions will leave".  
**Dick Gregory**

## TODAY'S STUDY QUESTIONS AND MEDITATION:

What am I willing to lose to gain Christ? \_\_\_\_\_

\_\_\_\_\_

Is my appetite for Christ as Intense as for anything else? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## FOR THE YOUTH

Ask your parents or grandparents to share their stories of how they got to know Christ \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_