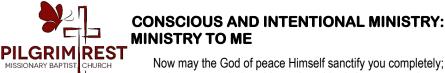


## **CONSCIOUS AND INTENTIONAL MINISTRY:** MINISTRY TO ME

Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ. 1 Thessalonians 5:23

#### THE PASTOR'S PEN **January 14, 2024**



Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved

Teaching, Preaching and Reaching meless at the coming of our Lord Jesus Christ. 1 TH 5:23 for Transformation and Liberation



Spirit - God-Conscious

[Intimacy with God]

Soul - Self-Conscious

[Intellect, Emotions, Will]

Body - World-Conscious +

[Five Senses]

#### Spirit - God-Conscious [Intimacy with God]

- + Do I know who I am in relation to who God created me to be?
- † How do I nurture and deepen my relationship with God?
- † Pleasing people versus pleasing God

#### Soul - Self-Conscious ■ [Intellect, Emotions, Will]

- Do I know who I am? +
- † Am I comfortable with who I am?
- + Do I know who I am not?
- † Pleasing people versus pleasing me (selfish-serving vs self-preserving)

### **Body - World-Conscious** • [Five Senses]

- † Consider, how do I interact with the world?
- † Therefore, how will I interact with the world?
- † Pleasing the world versus serving the world

# The Pilgrim Rest Oasis Sharina the Faith · Securina the Future

Through faith God has given us the space to be an **oasis** in the middle of the city.

An **oasis** is a fertile spot in the desert where refuge, relief, and refreshment is found.

Be part of God's plan for Pilgrim Rest and this community.

Start contributing to the **Oasis** today! Let's continue to make progress!

Thank you for your continued support of God's plan for us.















Your contribution can be dedicated to a specific activity or the Oasis, in general.

	Educational Enrichment	Technology Literacy	Athletics & Recreation	Performing Arts	Facility Innovation
\$500	15 Subject books for elementary (math, literature, history, etc.)	• 1 iPad	10 basketballs	10 art sets for aspiring artists	External security lighting to keep the street well-lit and safe
\$1,000	100 Summer     Bridge books to     help students     retain learning     during breaks	100 "learn how to code" kits for elementary students	10 tennis rackets	4 beginner saxophones or 8 beginner violins	Camera security system to keep everyone safe
\$2,500	9 students can be challenged to excel using interactive problem-solving programs	1 computer for graphic design and website creation	12 sets of golf clubs for children	10 Play Scripts with performance/ licensing fee and cast instructions	Wireless PA system to easily communicate at the school
\$5,000	1 smartboard to help teachers engage students in learning	1 STEM lab cart of materials for a classroom with multiple activities	3-day Speed and Agility workshop for 15 young aspiring track stars	100 pairs of tap shoes for aspiring dancers	Battery operated floor scrubber to keep the building looking its best
\$10,000	1 trip for 15 students to visit 1 HBCU	100 Robotic kits to reinforce studies in STEAM subjects	Open gym for 20 young people 1 X a week throughout the winter in a safe place	200 tickets to see Alvin Ailey Dance Company	LED light fixtures throughout the school to promote learning and natural light

## WORK FOR THE WEEK

#### **JANUARY MEMORY VERSE**

So whether you eat or drink or whatever you do, do it all for the glory of God.
 1 Corinthians 10:31 (NIV)

## **JANUARY MEDITATION QUOTE**

"People with high blood pressure, diabetes – those are conditions brought about by life style. If you change the life style, those conditions will leave".

**Dick Gregory** 

TODAY'S STUDY QUESTIONS AND MEDITATION:	
Can I honestly say that my spirit and soul are prospering?	
Can I honestly say that I am in good health?	

	F	OR THE YOU	TH	
m I living a holist	cally healthy li	fe?		
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