

Please join us *online* or *by phone* for

Coffee and a Chat

Coffee and a Chat is back for the new year with these great presentations. Enjoy seeing familiar faces while discussing and learning about important health topics, all from the comfort of your own home.

We'll use **Zoom video chat** to get together with local experts in brain health and aging-related fields. You can ask as many questions as you want, and afterwards we'll have time for discussion and chitchat.

To register, go to wai.wisc.edu/milwaukee or leave a message at (414) 219-5124 with your name and email address.



Tuesday, February 9th at 2:00 p.m.

"Diabetes 101"

Julia Means, RN

Ascension/Columbia St. Mary's, Milwaukee Board of Health

WAI Milwaukee Community Advisory Board



Monday, February 22nd at 2:30 p.m.

"Remembering and Forgetting: Grief in Dementia"

Reverend Shai Wise, M.Div.

Program Coordinator, Alzheimer's Association – Wisconsin Chapter

Thursday, February 18th at 2:00 p.m.

"Diabetes & Brain Health"

Gilda Ennis, Ph.D.

Asst. Scientist, Alzheimer's Disease Research Center – Bendlin Lab

UW-Madison School of Medicine and Public Health



Watch your mailbox and your email for information about our spring Coffee and a Chat series!

Jointly presented by:



wai.wisc.edu/milwaukee

(414) 219-5124

**alzheimer's
association®**

Wisconsin Chapter

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