



PRAYER

- ✓ Mother Lillie Sullivan
- ✓ Sis. Anita Jones
- ✓ Bro. Marty Matthews' mother
- ✓ Sis. Lynne LaGrant
- ✓ Sis. Claudia Reid's friend, Tonya Christian, who has the Covid-19 virus
- ✓ Pastor Jarrett Williams' aunt who has the Covid-19 virus
- ✓ Sis. Tunicha Allen's family and friend, Sena Sweargen, Tommy Briggs, Don Washington and Ralph Harris
- ✓ Sis. Deborah Wilson's friend, Bianca Bowie, passed
- ✓ Sis. Niecy Baldwin and Veronica Lewis' cousin, Melvin Williams passed.
- ✓ Sis, Jerri Badger, Sis. Judy Thomas and Pastor Childs' cousin, Bobby McCloud, passed. Also, their brother-in-law, and father of Hymon Bradshaw and Tiasha Johnson, Hymon Bradshaw, Sr., passed
- ✓ Rebecca Martin's father, James Bernard Martin, passed. The Service is at Golden Gate Funeral Home. The Visitation is October 30th at 2:30 p.m., and the Service is October 31st at 11 a.m.
- ✓ Sis. Nina Hooker's brother, Henry Griffin passed. The Service is at Pitts Mortuary on November 2nd. The Visitation is from 10:00, and the Service is at 11:00 a.m.
- ✓ Sis. Virginia Moody's brother, Alvin Beamon Jr., passed. The Service is at Wisconsin Memorial Park on October 27th. The Visitation is from 9:00 – 11:00 a.m. and the Service is at Noon.
- ✓ Sis. Maridells Shaw's sister, Rosie Lee Lindsey, passed.
- ✓ Sis. Virginia Shaw's father, Ernest Shaw, passed.
- ✓ Bro. John Lewis' nephew, Marvin Kerr, passed.
- ✓ Sis. Freddie Delaney's grandson, Rashad, Passed
- ✓ Sis. Marquala Ellison's cousin, Dorinda Boston, passed
- ✓ Bro. Edward Berry's nephew, Marshall Augustine, passed
- ✓ Sis. Patina Lawson's cousin passed
- ✓ Family of Sis. Eva Ellis who passed
- ✓ Sis. Regina Rozier, and her friend, Truna
- ✓ Eloise (From Sis. Regina Lewis)
- ✓ Prima Triplette
- ✓ Sis. Arrila Eversley
- ✓ Sis. Judy Thomas, and Sis. Paula Baker
- ✓ Sister Nather Roby
- ✓ Bishop Lawrence Kirby
- ✓ Jones / Wright Families
- ✓ The Bible Study Prayer List
- ✓ Pilgrim Rest Missionary Baptist Church Family
- ✓ Families affected by the Hurricanes, storms, flood, and the fires out west
- ✓ Healthcare Workers / First Responders / Essential Workers / Those infected and affected by the Coronavirus
- ✓ Sis. Debra Anderson's sister, Betty Roberts
- ✓ Bro. Gary and Sis. Earline Moore's daughter, Quiam
- ✓ Sis, Geneva Bost
- ✓ Pastor Childs' uncle and aunt who has the Covid-19 virus
- ✓ Sis. Marilyn Byrd's cousin, Arriona Davis
- ✓ Sis. Pauline Cross
- ✓ Bro. Casey Perine, Chris Perine and their mother, Shirley
- ✓ Sis. Hale and Mother Loper
- ✓ Our children and their educational needs
- ✓ Brother John Reid's sister
- ✓ 6 year old Alonzo
- ✓ McCoy family
- ✓ Peace in our streets
- ✓ Sis. Ebone Jackson

NOVEMBER MEMORY VERSE

²⁷ So God created man in His own image; in the image of God He created him; male and female He created them.
Genesis 1:27

NOVEMBER MEDITATION QUOTE

“We are created in the image of God...Differences in outcomes derive from differences in opportunities.”
Samuel D. Proctor



HOW DO I VOTE? A PRAYERFUL, INTENTIONAL AND HOLISTIC CONSIDERATION

This year's election has been so politically charged that in some environments the determination of whether one is a democrat or republican is based upon whether one wears a mask or not. Further, it is quite interesting how religion has also made its way into the political fray and being used to determine if you believe in God or not.

As such, I am amazed at the number evangelicals who have placed their support behind the current president, Donald Trump. These are the same Evangelicals who would consider themselves to be God fearing, church going, Bible believing, Spirit led, born again Christians. Those who, in any other setting, would denounce lying, cheating, fornicating, cursing, immorality, greed, vulgarity, arrogance, factiousness and the like. To witness their lockstep, energetic and passion filled support of someone who fully embodies lying, cheating, fornicating, cursing, immorality, greed, vulgarity, arrogance, factiousness and the like is surprising.

Some have offered feeble excuses for their support of the president with statements like, "We are electing a president, not a pastor" and "He is our Commander in Chief not our Pastor in Chief." As these statements may be factual at their foundation, they are not practical in their practice. Should not the President of the United States be held to a high standard of ethics? Should not the President of the United States be a model for morality? Should not the President of the United States be considered an example to the nation of honor and integrity? Should not the President of the United States be someone that children and youth, Christian and not, look to and aspire to be like?

I cannot understand the motivations behind their thinking and actions when they can justify fully supporting a president who displays the most vile and the most debase actions and attitudes imaginable without offering one word of critique, while being the same ones who sharply criticized President Obama because he wore a tan suit. Do you understand it?

Notwithstanding all of this, there is a belief in some evangelical circles that God personally placed Donald Trump in the presidency. Therefore, if you support God, you must support Trump. Similarly, a vote against Trump is a vote against God. Yes, you heard that correctly. They actually believe that a vote against Trump is a vote against God.

Additionally, to sustain his messianic standing among Evangelicals, Trump, in his transactional milieu, has embraced the two-point, Conservative platform of anti-abortion and anti-homosexuality. Conservatives tend highlight and elevate these two sins as if they were the only sins that God dislikes.

Interestingly, this two-point, Conservative platform has even attracted some Black Evangelicals to the Trump train tragedy. A Black pastor, justifying his support for this two-point, Conservative platform and Conservative candidates shared with me, "I cannot vote for a man who would support abortion." Let us explore this position a bit deeper.

Conservatives generally tend to be Pro-Life. That is, they are against abortion and believe that all pregnancies should be continued to full term and the babies born into this world. Additionally, Conservatives generally tend to be against social policies that affect and influence the lives of children once they are born into this world. Consequently, they support life before the child is born, however, after the child is born, the child is on her own.

Progressives generally tend to be Pro-Choice. That is, they support abortion and a woman's right to choose if she will permit her pregnancy to continue to full term and have her baby born into this world. Additionally, Progressives generally tend to support social policies that affect and influence the lives of children once they are born into this world. Consequently, they do not support life before the child is born, however, after the child is born, they will support him.

Honestly, many of us do not fit neatly in neither the Conservative nor the Progressive camps. Many of us generally tend to be morally conservative and socially progressive. Therefore, we support life before the child is born and we support life after the child is born. My prayer is that we do not get caught up in the surface level, narrowly focused, guilt ridden views and instead, prayerfully, intentionally and holistically consider who is best to serve this country as president.

BLACK ENTERPRISE

TEENPRENEURS CREATE APP FOR KIDS IN DISTRESS

February 2, 2018



Georgia-based teenage entrepreneurs Charlie and Hannah Lucas launched their mobile app notOK on Wednesday and are close to sealing their first round of venture capital.

AFTER A SUICIDE ATTEMPT, THIS TEEN CREATED AN APP TO HELP OTHERS STRUGGLING WITH MENTAL HEALTH ISSUES

HANNAH LUCAS CREATED 'notOK' APP WHICH ALLOWS USERS TO QUICKLY ASK FOR HELP

Updated: 3:21 PM CDT Oct 16, 2020

Gabby Rudnick

It's OK to be not OK.

That is the message, Hannah Lucas, inventor of the notOK app, is trying to spread. With her efforts, she has helped over 100,000 users remain safe and cope with mental health issues.

"In today's society, we crave perfection. We crave the flawless image. Frankly we just need to get ok with being not ok. We need to accept our flaws and love ourselves no matter what. That's what this app is here for," Lucas said.

Lucas developed notOK because of her own personal experience. She was diagnosed with postural orthostatic tachycardia syndrome, or POTS, a chronic illness that causes fainting.

"Basically it just caused me to pass out or faint," Lucas said. "When it got to the point that I couldn't walk most days ... God it was the worst feeling in the entire world."

One evening, her mom, Robin Lucas, found Hannah attempting suicide. It was this moment, that Hannah realized her chronic illness had affected her more than she knew.

Her mom recalls, "That's when I'm like, 'Why can't you talk to me what's going on. and she's just like, 'I just wish there was a button I could press!'"

"I realized that I had to make a change. I never wanted to see that look of horror on my mom's face," Lucas said.

That is when she decided to build the app as a way to help herself and others struggling with mental illness. One in 4 people worldwide struggle mentally or emotionally. Suicide is the 10th leading cause of death overall and the 2nd leading cause of death in people 13-24.

With the push of a button, the notOK app can let pre-selected contacts know they are Not OK and in need of help.

In this short documentary, Hannah discusses her journey and how the notOK app was born. [After a suicide attempt, this teen created an app to help others struggling with mental health issues](#)

If you are struggling with a chronic or mental illness, please reach out to your loved ones and doctor for support and remember, it is OK to ask for help.

The 24/7 [National Suicide Prevention Lifeline](#) - 800-273-8255 /// For more information on the 'not OK' app, [click here](#).



Test Up MKE

Test Up MKE is a new website launched to provide the latest COVID-19 information and testing access. This site provides easy access to information on the effects of the pandemic on groups disproportionately impacted by COVID-19 such as essential workers, immigrants and BIPOC communities. The website is available in English, Spanish, Hmong, Arabic and Burmese. It also has an accessibility feature for those with hearing, visual and other special needs.



BIBLE STUDY

- ✓ Facilitated by Pastor Childs --- Tuesday at 6:30 p.m. and Thursday at 1:00 p.m.
- ✓ Facilitated by Sis. Davis (for women) --- Monday at 6:00 p.m.
- ✓ Facilitated by Deacon Cocroft --- Tuesday at Noon

CALL-IN PRAYER

- ✓ Mondays at 5:45-6:00 p.m. /// Wednesdays at 5:45-6:00 p.m. and /// Saturdays at 10:15-10:30 a.m.

CHURCH SCHOOL

- ✓ Please check the website for the Church School Class Schedule

BE SAFE, BE SMART, BE SERIOUS

I remain prayerful for your safety and security and remain available to you to listen and share regarding your needs and concerns. Please call me, text me (414-852-4010) and/or email me pilgrimrestpastorchilds@gmail.com so we can talk out and talk through anything and everything that you may be going through or need assistance

We love you, Pastor Martin and Sister Thresessa Childs